



Argyll & Bute Alcohol & Drug Partnership

The Argyll and Bute Alcohol and Drug Partnership (ADP) is a partnership of statutory and voluntary organisations working together to achieve a reduction in the harmful effects of alcohol and drugs on both individuals and the wider community

Carol Muir ADP Coordinator

SOA Outcomes 5 & 6

- The ADP supports the delivery of the following short term outcomes in the SOA:
- *6.5 - Reduce the Impact of alcohol and drug misuse on communities*
- *5.3 - Individuals make healthier / positive lifestyle choices*

Focus	National ADP Outcome
Health	People are healthier and experience fewer risks as a result of alcohol and drug use
Prevalence	Fewer adults and children are drinking or using drugs at levels or patterns that are damaging to themselves or others.
Recovery	Individuals are improving their health, wellbeing and life chances by recovering from problematic drug and alcohol use.
CAPSM	Children and family members of people misusing alcohol and drugs are safe, well supported and have improved life chances.
Community Safety	Communities and individuals are safe from alcohol and drug related offending and anti-social behaviour.
Local Environment	People live in positive, health promoting local environments where alcohol and drugs are less readily available.
Services	Alcohol and drug services are high quality, continually improving efficient evidence based and responsive, ensuring people move through treatment and to sustained recovery.



The Scottish Government

The Government's vision for how drug treatment services in Scotland should be delivered is based on the following three principles:

- First, recovery should be made the explicit aim of all services providing treatment and rehabilitation for people with problem drug use
- Secondly, a range of appropriate treatment and rehabilitation services must be available at a local level – since different people with different circumstances inevitably need different routes to recovery
- Thirdly, treatment services must integrate effectively with a wider range of generic services to fully address the needs of people with problem drug use, not just their addiction



Recovery is the process through which a person is enabled to move-on from their problem substance use towards a drug and alcohol free life and become an active and contributing member of society. This concept of recovery and a belief that people can and do recover from addiction and dependency is at the heart of the Scottish Government's strategies on drugs and alcohol. This is now at the heart of drug and alcohol service delivery in Scotland.

(R2R, 2008)

Recovery Oriented System of Care (ROSC)

- Treatment and aftercare are integrated
- Priority is given within the system to sustaining individuals in their recovery journey
- Person centred
- Inclusive of family and significant others
- Provision of individualised and comprehensive services across the lifespan with systems anchored in the community
- Strength based assessments and interventions that are responsive to personal belief systems
- A commitment to peer recovery support services
- Is inclusive of the voices and experiences of people and their families in recovery
- Provides integrated services
- It also provides for system-wide education and training, on-going monitoring and outreach, is outcomes driven and evidence based

Quality Improvement Principles

What a service user can expect as they move through a recovery oriented system of care:

- high-quality, evidence-based interventions
- workers who are appropriately trained and supervised
- full strengths-based assessments
- person-centered recovery plans that are agreed and regularly reviewed
- the opportunity for their family to be involved (if this is helpful to the individual)

**ADP
Priority
Themes
2015/16
as agreed in
interim
improvement
plan**

1

Whole Population Approach

Prevention, ABI's, Education/Awareness, a Harm Reduction, Needs assessment

2

Recovery Orientated System of Care (ROSC)

Quality Principles, Partnership working, ORT, Service User Involvement, HEAT targets,

3

Delivery Environment

Workforce Development, Partnership Working, Service User Involvement, multi- disciplinary

4

Service User Involvement

Consultation, representation, participation

5

DATA/Monitoring & Commissioning

Targets, scorecard, improvement goals, mapping, quality improvement

6

Communication

Identity, partnership working, positivity, Vision, Charter/ Partnership Agreement

LINKS

Children & Families

Adults & Older
People

Hep C & BBV

Sexual Health

Employability

Housing

Public protection

Commissioned Services

Argyll & Bute Addiction Team (ABAT)

Integrated health and social work team which offers treatment and recovery support to people affected by alcohol and drug related issues –ABAT aims to

- Reduce the harm relating to the use of alcohol and illegal drugs
- Improve the health and well being of alcohol and drug users
- Enable individuals to affect recovery from their alcohol and/or drug use
- Identify the needs of carers of alcohol and drug misusers
- Identify the children of parents who have alcohol and drug problems and work with other services to offer support to these parents

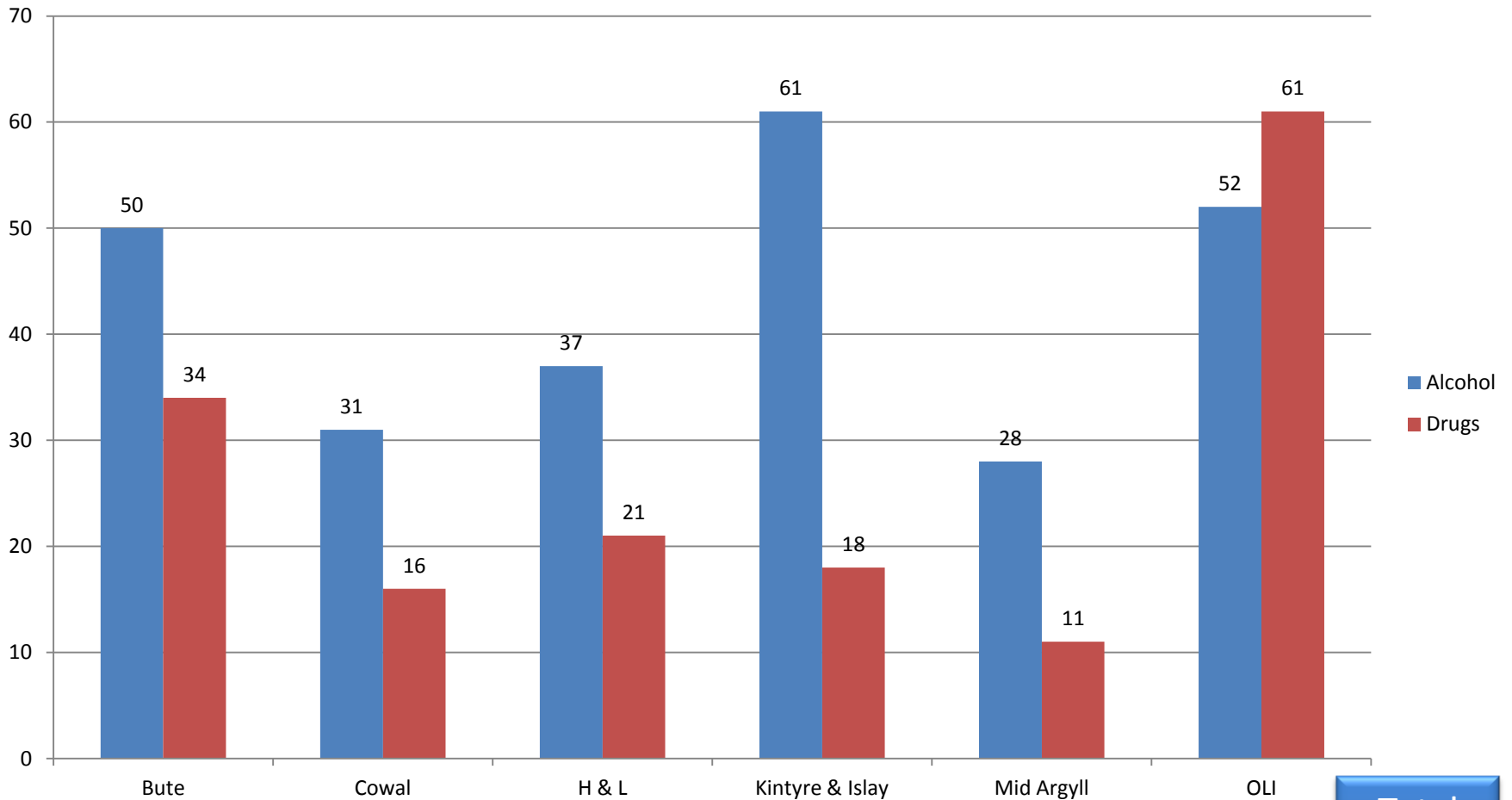
ABAT key components

- Comprehensive, specialist in depth assessment
- Community and in patient detoxification
- Recovery planning
- Disulfiram treatment and support
- Provision of Opioid replacement therapy in partnership with GPs
- Non medical prescribing in specific areas and settings
- Harm reduction- needle exchange and blood borne virus testing/vaccinations
- Psychosocial interventions which include motivational interviewing and relapse prevention
- Holistic support to address social and personal issues
- Assessment for and referral to residential rehabilitation
- Parental capacity assessment
- Support to parents and liaison with Children and Families services/GRIFEC named person
- Adult Support and Protection inquiries and investigations
- CPO assessment for dependent clients
- Naloxone training and supply

A & B Wide

- **ABAT** works in partnership with a wide range of agencies including Addaction, GPs, Social work - Adult , Children, Criminal Justice and Homelessness Services, NHS –Health Visitors, Mental Health teams, hospitals etc, Housing Associations, Welfare Rights, Employability, Women’s Aid, Rape Crisis, Phoenix Futures residential unit etc.
- The service is delivered via small local teams based in Campbeltown (outreach to Islay and Jura), Lochgilphead, Oban (covers Mull, Coll, Lismore and Tiree), Dunoon, Rothesay, and Helensburgh – 17 FT; 4PT; C. Psychiatrist PT- The team is funded by ADP, Council and NHS Highland
- The service receives approximately 500 referrals per year

ABAT Current Clients



Total
420

Commissioned Services

ADDACTION – Independent Service

The Argyll and Bute Recovery Service offers support to adults across Argyll and Bute who wish to address issues arising from alcohol, drug or other substance misuse- Addaction aims to

- Work with individuals to help them manage change at whatever stage of recovery they are at, by helping them identify the changes they wish to make, providing the necessary advice and support they need to achieve this
- Provide whatever our clients need to fulfil their recovery aspirations, either from within our service /by onward referral to other specialist agencies / joint working

ADDACTION key components

- 1:1 work using evidence based approaches such as motivational interviewing and CBT based approaches .
- Strength based person centred assessment and action planning
- Groupwork and peer support
- Needle exchange provision
- Harm reduction advice
- Drug Treatment and Testing Order (D.T.T.O)
- Advice and support for families, relatives, friends and concerned others
- Link with BBV service to provide appropriate support and treatment

A & B Wide

ADDACTION

- 14 staff
- Office bases in Oban, Dunoon, Lochgilphead, Helensburgh & Islay
- Peripatetic staff who will work across A & B as the demand for services dictates
- Committed to offering appointment within 72 hours of referral

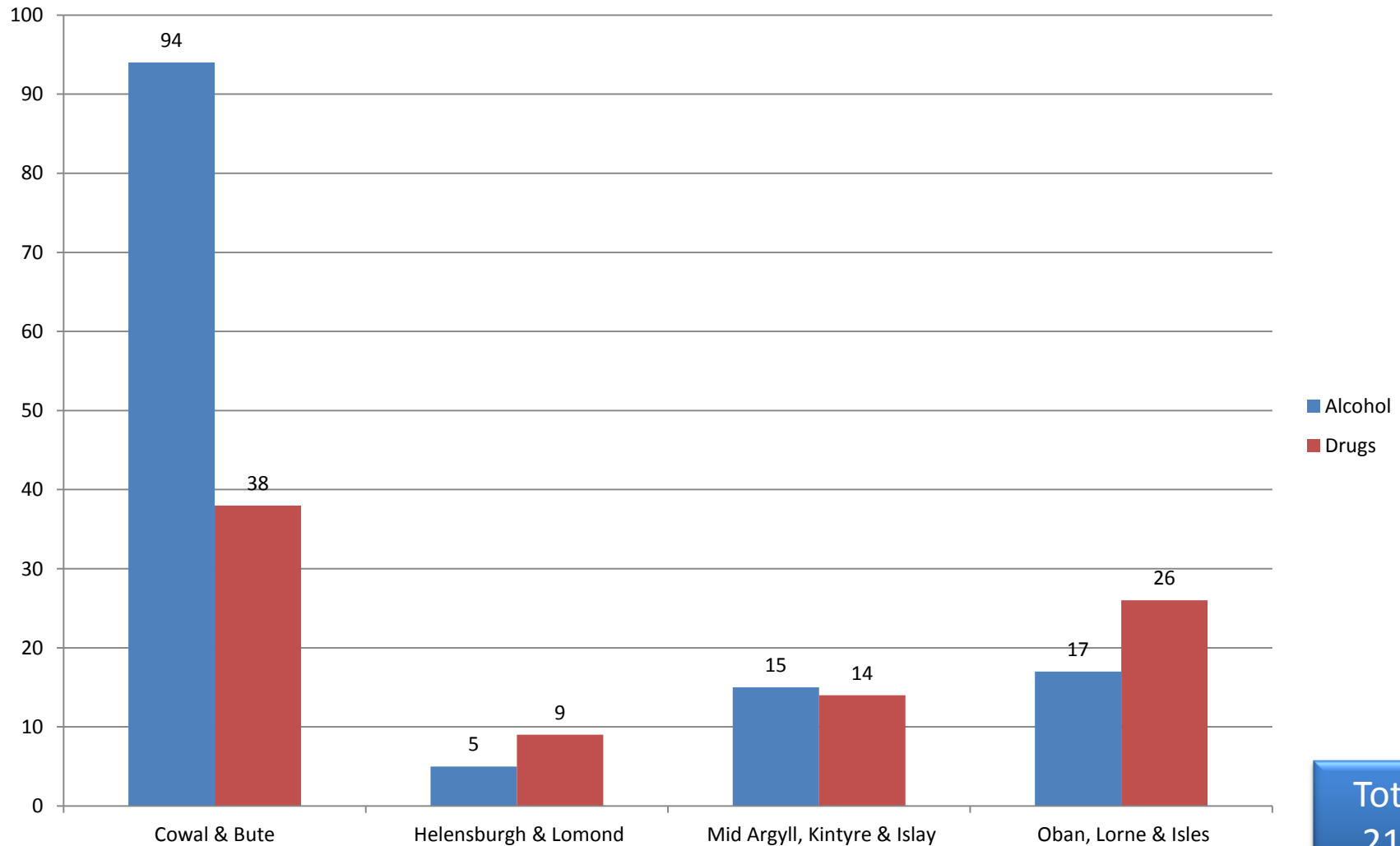
Addaction Partnerships

- The client
- Concerned others e.g. partners , relatives
- ABAT
- Criminal Justice/Drug Testing Treatment Orders (D.T.T.O)
- Link with BBV service to provide appropriate support and treatment
- Strong link with the DWP

Developing Partnerships

- Housing Services
- Health
- Social Work
- Employment Support
- Community Education ,
- other voluntary organisations

Addaction Current Clients



Total
218

ABAT Service User Comments

"Very helpful that home visits are available from obviously very busy staff"

"I have now been clean from heroin for 3 years and do not use Valium any more"

"I have felt encouraged and supported by the staff, enabling me to stop."

ADDACTION Service User Comments

“If you would have seen me 2 years ago you would have never believed I would reach this stage where I am at today, you would have said I was a waste of space” Thank you Addaction for the support.”

“Why do you persevere with me, you must think I’m a nut case, thank you for not judging me and especially not giving up on me, I can see a future ahead”.